MARYLAND STATE DEPARTMENT OF EDUCATION

Office of Child Care

# HEALTH INVENTORY

**Information and Instructions for Parents/Guardians**

## REQUIRED INFORMATION

The following information is required prior to a child attending a Maryland State Department of Education licensed, registered or approved child care or nursery school:

* ***A physical examination*** *by a physician or certified nurse practitioner completed no more than twelve months prior to attending child care. A Physical Examination form designated by the Maryland State Department of Education and the Department of Health and Mental Hygiene shall be used to meet this requirement (See COMAR 13A.15.03.02, 13A.16.03.02 and 13A.17.03.02).*

* ***Evidence of immunizations****. A Maryland Immunization Certification form for newly enrolling children may be obtained from the local health department or from school personnel. The immunization certification form (DHMH 896) or a printed or a computer generated immunization record form and the required immunizations must be completed before a child may attend. This form can be found at:* <http://www.marylandpublicschools.org/MSDE/divisions/child_care/licensing_branch/forms.html>*Select DHMH 896.*

* ***Evidence of Blood-Lead Testing for children living in designated at risk areas****. The blood-lead testing certificate*

*(DHMH 4620) (or another written document signed by a Health Care Practitioner) shall be used to meet this requirement. This form can be found at:*

[*http://apps.fcps.org/dept/health/MarylandDHMHBloodLeadTestingCertificateDHMH4620.pdf*](http://apps.fcps.org/dept/health/MarylandDHMHBloodLeadTestingCertificateDHMH4620.pdf)

## EXEMPTIONS

Exemptions from a physical examination, immunizations and Blood-Lead testing are permitted if the family has an objection based on their religious beliefs and practices. The Blood-Lead certificate must be signed by a Health Care Practitioner stating a questionnaire was done.

Children may also be exempted from immunization requirements if a physician, nurse practitioner or health department official certifies that there is a medical reason for the child not to receive a vaccine.

The health information on this form will be available only to those health and child care provider or child care personnel who have a legitimate care responsibility for your child.

## INSTRUCTIONS

Please complete Part I of this Physical Examination form. Part II must be completed by a physician or nurse practitioner, or a copy of your child's physical examination must be attached to this form.

If your child requires medication to be administered during child care hours, you must have the physician complete a

Medication Authorization Form (OCC 1216) for each medication. The Medication Authorization Form can be obtained at

<http://www.marylandpublicschools.org/MSDE/divisions/child_care/licensing_branch/forms.html>Select OCC 1216.

If you do not have access to a physician or nurse practitioner or if your child requires an individualized health care plan, contact your local Health Department.

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## PART I - HEALTH ASSESSMENT

### To be completed by parent or guardian

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Child’s Name:**  **Birth date: Sex**    Last First Middle Mo / Day / Yr M F  **Address:** | | | | | | | | | | | |
| Number Street Apt# City State Zip | | | | | | | | | | | |
| **Parent/Guardian Name(s)** | **Relationship** | | | | | | | | **Phone Number(s)** | | |
|  |  | | | | | | | | W: | C: | H: |
|  |  | | | | | | | | W: | C: | H: |
| **Your Child’s Routine Medical Care Provider**  **Name:**  **Address:**  **Phone #** | | | | | | | | | **Your Child’s Routine Dental Care Provider**  **Name:**  **Address:**  **Phone** | | **Last Time Child Seen for Physical Exam:**  **Dental Care:**  **Any Specialist :** |
| **ASSESSMENT OF CHILD’S HEALTH -** To the best of your knowledge has your child had any problem with the following? Check Yes or No and provide a comment for any YES answer. | | | | | | | | | | | |
|  | | **Yes** | | | **No** | | | **Comments (required for any Yes answer)** | | | |
| Allergies (Food, Insects, Drugs, Latex, etc.) | |  |  |  |  |  |  |  | | | |
| Allergies (Seasonal) | |  |  |  |  |  |  |  | | | |
| Asthma or Breathing | |  |  |  |  |  |  |  | | | |
| Behavioral or Emotional | |  |  |  |  |  |  |  | | | |
| Birth Defect(s) | |  |  |  |  |  |  |  | | | |
| Bladder | |  |  |  |  |  |  |  | | | |
| Bleeding | |  |  |  |  |  |  |  | | | |
| Bowels | |  |  |  |  |  |  |  | | | |
| Cerebral Palsy | |  |  |  |  |  |  |  | | | |
| Coughing | |  |  |  |  |  |  |  | | | |
| Communication | |  |  |  |  |  |  |  | | | |
| Developmental Delay | |  |  |  |  |  |  |  | | | |
| Diabetes | |  |  |  |  |  |  |  | | | |
| Ears or Deafness | |  |  |  |  |  |  |  | | | |
| Eyes or Vision | |  |  |  |  |  |  |  | | | |
| Feeding | |  |  |  |  |  |  |  | | | |
| Head Injury | |  |  |  |  |  |  |  | | | |
| Heart | |  |  |  |  |  |  |  | | | |
| Hospitalization (When, Where) | |  |  |  |  |  |  |  | | | |
| Lead Poisoning/Exposure | |  |  |  |  |  |  |  | | | |
| Life Threatening Allergic Reactions | |  |  |  |  |  |  |  | | | |
| Limits on Physical Activity | |  |  |  |  |  |  |  | | | |
| Meningitis | |  |  |  |  |  |  |  | | | |
| Mobility-Assistive Devices if any | |  |  |  |  |  |  |  | | | |
| Prematurity | |  |  |  |  |  |  |  | | | |
| Seizures | |  |  |  |  |  |  |  | | | |
| Sickle Cell Disease | |  |  |  |  |  |  |  | | | |
| Speech/Language | |  |  |  |  |  |  |  | | | |
| Surgery | |  |  |  |  |  |  |  | | | |
| Other | |  |  |  |  |  |  |  | | | |
| **Does your child take medication (prescription or non-prescription) at any time? and/or for ongoing health condition?**  No Yes, name(s) of medication(s): | | | | | | | | | | | |
| **Does your child receive any special treatments?** (Nebulizer, EPI Pen, Insulin, Counseling etc.) No Yes, type of treatment: | | | | | | | | | | | |
| **Does your child require any special procedures?** (Urinary Catheterization, G-Tube feeding, Transfer, etc.) No Yes, what procedure(s): | | | | | | | | | | | |
| I GIVE MY PERMISSION FOR THE HEALTH PRACTITIONER TO COMPLETE PART II OF THIS FORM. I UNDERSTAND IT IS FOR CONFIDENTIAL USE IN MEETING MY CHILD’S HEALTH NEEDS IN CHILD CARE.    **I ATTEST THAT INFORMATION PROVIDED ON THIS FORM IS TRUE AND ACCURATE TO THE BEST OF MY KNOWLEDGE AND BELIEF.**    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Signature of Parent/Guardian Date | | | | | | | | | | | |

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### PART II - CHILD HEALTH ASSESSMENT

**To be completed *ONLY* by Physician/Nurse Practitioner**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Child’s Name:**  Last First Middle | | | | | | | | | | | | | | | | | | | **Birth Date:**  Month / Day / Year | | | | | | | | **Sex** | | | | | | |
| M | |  | F | |  |  |
| **1.** Does the child named above have a diagnosed medical condition? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  |  | No |  | Yes, describe: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **2.** Does the child have a health condition which may require EMERGENCY ACTION while he/she is in child care? (e.g., seizure, allergy, asthma, bleeding problem, diabetes, heart problem, or other problem) If yes, please DESCRIBE and describe emergency action(s) on the emergency card. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  |  | No |  | Yes, describe: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **3.** PE Findings | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Not**  **Health Area WNL ABNL Evaluated** | | | | | | | | | | | | | | | | | | **Not**  **Health Area WNL ABNL Evaluated** | | | | | | | | | | | | | | | |
| Attention Deficit/Hyperactivity | | | | | | |  | |  |  |  | |  |  |  |  |  | Lead Exposure/Elevated Lead | | |  |  |  |  |  |  | |  | | |  |  | |
| Behavior/Adjustment | | | | | | |  | |  |  |  | |  |  |  |  |  | Mobility | | |  |  |  |  |  |  | |  | | |  |  | |
| Bowel/Bladder | | | | | | |  | |  |  |  | |  |  |  |  |  | Musculoskeletal/orthopedic | | |  |  |  |  |  |  | |  | | |  |  | |
| Cardiac/murmur | | | | | | |  | |  |  |  | |  |  |  |  |  | Neurological | | |  |  |  |  |  |  | |  | | |  |  | |
| Dental | | | | | | |  | |  |  |  | |  |  |  |  |  | Nutrition | | |  |  |  |  |  |  | |  | | |  |  | |
| Development | | | | | | |  | |  |  |  | |  |  |  |  |  | Physical Illness/Impairment | | |  |  |  |  |  |  | |  | | |  |  | |
| Endocrine | | | | | | |  | |  |  |  | |  |  |  |  |  | Psychosocial | | |  |  |  |  |  |  | |  | | |  |  | |
| ENT | | | | | | |  | |  |  |  | |  |  |  |  |  | Respiratory | | |  |  |  |  |  |  | |  | | |  |  | |
| GI | | | | | | |  | |  |  |  | |  |  |  |  |  | Skin | | |  |  |  |  |  |  | |  | | |  |  | |
| GU | | | | | | |  | |  |  |  | |  |  |  |  |  | Speech/Language | | |  |  |  |  |  |  | |  | | |  |  | |
| Hearing | | | | | | |  | |  |  |  | |  |  |  |  |  | Vision | | |  |  |  |  |  |  | |  | | |  |  | |
| Immunodeficiency | | | | | | |  | |  |  |  | |  |  |  |  |  | Other: | | |  |  |  |  |  |  | |  | | | | | |
| **REMARKS:** (Please explain any abnormal findings.) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **4. RECORD OF IMMUNIZATIONS** – DHMH 896/or other official immunization document (e.g. military immunization record of immunizations) is required to be completed by a health care provider **or** a computer generated immunization record must be provided. (This form may be obtained from: [http://www.marylandpublicschools.org/MSDE/divisions/child\_care/licensing\_branch/forms.html S](http://www.marylandpublicschools.org/MSDE/divisions/child_care/licensing_branch/forms.html)elect DHMH 896.    **RELIGIOUS OBJECTION:**    I am the parent/guardian of the child identified above. Because of my bona fide religious beliefs and practices, I object to any immunizations being given to my child. This exemption does not apply during an emergency or epidemic of disease.    Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **5.** Is the child on medication?    No Yes, indicate medication and diagnosis:  **(OCC 1216 Medication Authorization Form must be completed to administer medication in child care).** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **6.** Should there be any restriction of physical activity in child care? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  |  | No |  | Yes, specify nature and duration of restriction: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **7.** Test/Measurement | | | | | | | | | | | | Results | | | | | | | | Date Taken | | | | | | | | | | | | | |
| Tuberculin Test | | | | | | | | | | | |  | | | | | | | |  | | | | | | | | | | | | | |
| Blood Pressure | | | | | | | | | | | |  | | | | | | | |  | | | | | | | | | | | | | |
| Height | | | | | | | | | | | |  | | | | | | | |  | | | | | | | | | | | | | |
| Weight | | | | | | | | | | | |  | | | | | | | |  | | | | | | | | | | | | | |
| BMI %tile | | | | | | | | | | | |  | | | | | | | |  | | | | | | | | | | | | | |
| Lead Test Indicated: | | | | |  | Yes | |  | No | | |  | | | | | | | |  | | | | | | | | | | | | | |

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **has had a complete physical examination and any concerns have been noted above.** (Child’s Name)

Additional Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  |  |  |  |
| --- | --- | --- | --- |
| Physician/Nurse Practitioner (Type or Print): | Phone Number: | Physician/Nurse Practitioner Signature: | Date: |

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### CHILDREN WHO ARE REQUIRED TO RECEIVE LEAD TESTING

Under Maryland law, children who reside, or have ever resided, in any of the at-risk zip codes listed below must receive a blood lead test at 12 months and 24 months of age. Two tests are required if the 1st test was done prior to 24 months of age.

**If a child is enrolled in child care during the period between the 1st and 2nd tests, his/her parents are required to provide evidence from their health care provider that the child received a second test after the 24 month well child visit. If the 1st test is done after 24 months of age, one test is required.**

The child's health care provider should record the test dates on page 3 of this form and certify them by signing and stamping the signature section of the form. All forms should be kept on file at the facility with the child's health records.

**AT RISK AREAS BY ZIP CODE**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Allegany**  ALL    **Anne Arundel**  20711  20714  20764  20779  21060  21061  21225  21226  21402    **Baltimore**  21027  21052  21071  21082  21085  21093  21111  21133  21155  21161  21204  21206  21207  21208  21209  21210  21212  21215  21219 | **Baltimore (cont)**  21220  21221  21222  21224  21227  21228  21229  21234  21236  21237  21239  21244  21250  21251  21282  21286    **Baltimore City**  ALL    **Calvert**  20615  20714    **Caroline**  ALL    **Carroll**  21155  21757  21776  21787  21791 | **Cecil**  21913    **Charles**  20640  20658  20662    **Dorchester**  ALL    **Frederick**  20842  21701  21703  21704  21716  21718  21719  21727  21757  21758  21762  21769  21776  21778  21780  21783  21787  21791  21798 | **Garrett**  ALL    **Harford**  21001  21010  21034  21040  21078  21082  21085  21130  21111  21160  21161    **Howard**  20763    **Kent**  21610  21620  21645  21650  21651  21661  21667 | **Montgomery**  20783  20787  20812  20815  20816  20818  20838  20842  20868  20877  20901  20910  20912  20913    **Prince George’s**  20703  20710  20712  20722  20731  20737  20738  20740  20741  20742  20743  20746  20748  20752  20770  20781 | **Prince George’s**  **(cont)**  20782  20783  20784  20785  20787  20788  20790  20791  20792  20799  20912  20913    **Queen Anne's**  21607  21617  21620  21623  21628  21640  21644  21649  21651  21657  21668  21670    **Somerset**  ALL | **St. Mary's**  20606  20626  20628  20674  20687    **Talbot**  21612  21654  21657  21665  21671  21673  21676    **Washington**  ALL    **Wicomico**  ALL    **Worcester**  ALL |

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